



# Cirque du Cycle...



Once I got over how long it had been since I'd been in a dance club, I was able to get my volunteer on. Cirque du Cycle (was it "du" or did I add that?) was a blast. Seriously though, I've been wanting to do more with the foundation and the AIDS Lifecycle 9 kickoff party was the perfect opportunity. Great people, great friends, great prizes, great music, great food, great energy, great, Great, GREAT!

From the check-in desk...my co-volunteers (and I) were the welcoming committee. Giving raffle tickets and beads out to all registered riders and roadies was an excellent way to feel the vibe and get the party started. How many mardi gras beads can a person wear all at once... heavy jewelry is in this season right?

In addition to working on AIDS Walk I'm so looking forward to volunteering at the next ALC 9 event and someday making it as a rider. Signing off from the volunteer desk... Cya at the next event.

*James Morrow*  
AIDS Walk - TEAM SFAF Captain



James (r) and friends.



Staff getting their CIRQUE on!

*Jim Rudoff,*  
stiltwalker.

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[www.begreaterthanone.org](http://www.begreaterthanone.org) [www.aidswalk.net/sanfran/](http://www.aidswalk.net/sanfran/) [www.pgaf.org](http://www.pgaf.org)

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# Targeting Limited Resources on Most Effective HIV Prevention Programs

Local AIDS prevention experts say that the best approach to driving down HIV infection rates in an era of diminished resources is focusing on strategies proven most effective in combating the disease. Over the past 27 years, San Francisco has determined what works to prevent HIV infection from research and community experience.

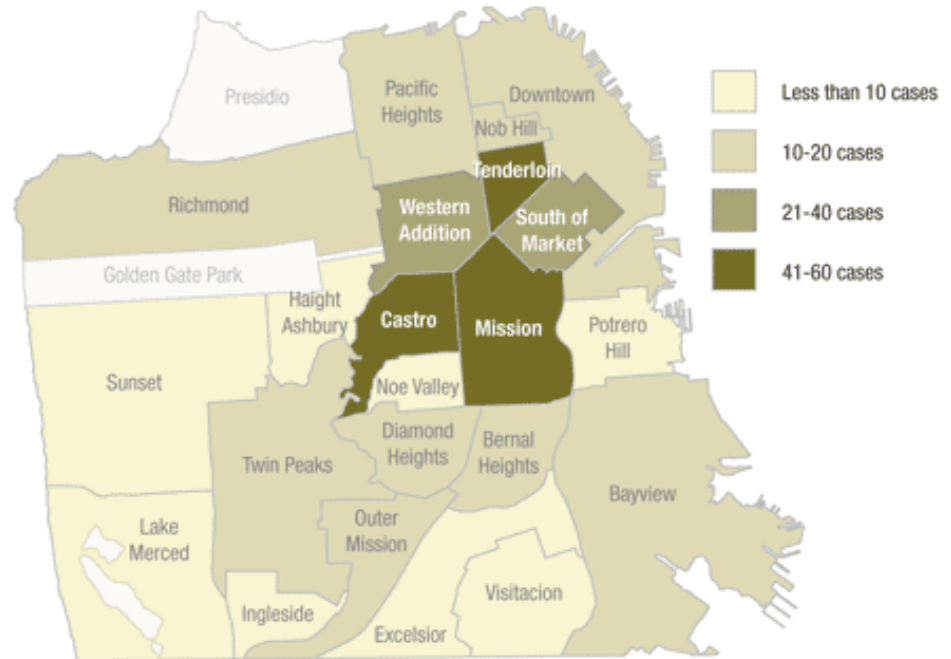
“Scientific evidence tells us that providing widespread HIV testing and partner notification services to high-risk populations, encouraging harm reduction practices like access to clean syringes and safer sex, reducing methamphetamine and other substance use, and diagnosing acute HIV infections are among the most successful tools we have,” says Dr. Grant Colfax, director of HIV Prevention and Research at the San Francisco Department of Public Health.

Despite the uncertainty caused by the economic downturn and budget cuts to HIV/AIDS prevention programs, the San Francisco AIDS Foundation remains committed to fulfilling three goals by 2015: Reducing new HIV infections in San Francisco by 50 percent, assuring that all city residents ages 13 to 64 know their current HIV status, and making certain that all HIV-positive San Franciscans receive primary medical care that includes HIV treatment.

Key to achieving these ambitious goals will be actively collaborating with research, clinical and public health experts as well as local government and donors.

“We are prioritizing our resources so that the money we spend on prevention has the greatest effect on reducing new infections,” said CEO Mark Cloutier. “We are expanding HIV testing to the highest risk groups in the city to enable them to know their status, get more HIV-positive people into treatment and reduce the risk of further transmission.”

For the past three years, the Foundation has provided HIV testing—as well as screening and treatment for other sexually transmitted diseases—at Magnet, a community health center in the Castro. The



(Graphic: Distribution of new HIV/AIDS cases diagnosed in 2008. Credit: San Francisco Department of Public Health)

Foundation will soon offer testing at its headquarters at Market and Sixth streets, serving counseling and syringe exchange clients as well as others in the surrounding Tenderloin neighborhood. Studies show that the highest HIV transmission rates in San Francisco are concentrated in the Castro, Mission and Tenderloin (see map above of newly reported HIV/AIDS cases).

The Foundation is aggressively pursuing support for this expansion of services including grants to enhance mental health counseling to substance users, increase HIV risk counseling to African-American and Latino men who have sex with men, develop services for intravenous drug users such as HIV testing and hepatitis vaccinations, and further Magnet’s detection of HIV infection during its earliest, most acute phase using specialized RNA blood tests.

**...testing has a huge impact on how people manage their health...**

“The personal knowledge that comes with testing has a huge impact on how people manage their health and alter their behavior to reduce the risk of spreading the virus,” says Magnet Director Steve Gibson. He notes that one in five HIV-positive people are unaware of their serostatus

and, on top of that, studies show that 25 percent of those who know they have HIV are not yet in treatment.

The Foundation is also working to eliminate the barriers to health care for people living with HIV so that they can gain access to antiretroviral medication, thereby lowering their viral load and their risk for transmission.

“We are empowering our clients to seek appropriate medical care, and advocating for public policies that ensure universal access to health care through legislative reform and the establishment of a National HIV/AIDS Strategy,” says Cloutier.



## Federal Policy Update

• By focusing on the long-awaited issue of health care reform, the fall session of the 111th Congress has proven to be one of the most significant in decades with legislative proposals to transform health care access, funding and delivery. The AIDS Foundation has been actively engaged in the debate, advocating for expanded services for people living with HIV. The Foundation is playing a key role in the HIV Health Care Access Working Group, a coalition of 84 national and community-based AIDS service organizations.

• The Ryan White HIV/AIDS Treatment Modernization Act, the largest federal program focused exclusively on HIV/AIDS care, was set to expire on Sept. 30 but national AIDS advocacy groups persuaded government leaders to extend the legislation through Oct. 31 to ensure a continuation of funding. The extra month gave the House and Senate time to finalize a four-year extension of the program, which provides critical medical and treatment resources to more than 500,000 Americans who lack sufficient health-care coverage or financial resources to cope with HIV disease, including thousands of San Franciscans. With strong bipartisan support, the bill was expected to pass both chambers of Congress.

• The White House is moving forward on creating a National HIV/AIDS Strategy by holding town hall meetings across the country to seek recommendations on how to achieve three major goals: reducing HIV incidence, increasing access to care and optimizing health outcomes, and reducing HIV-related health disparities. A meeting took place in San Francisco on Oct. 16, one of 14 planned forums this year in regions of the country with diverse communities affected by HIV/AIDS.

• The Foundation and other HIV prevention organizations renewed their pressure on Congress this year to lift the 21-year ban on federal funding of syringe exchange programs. Partial victory was achieved when the House of Representatives voted to remove the ban. However, an amendment to the House bill would prevent any federally financed syringe exchange within 1,000 feet of sites where children gather—a restriction that would make it impos-

## Foundation Hails Congress For Ending Ban on Federal Funding For Needle Exchange Effective HIV Prevention Programs

**Dec 15, 2009** – San Francisco AIDS Foundation today applauded Congress for its historic decision to remove a 22-year old ban on federal funding for needle exchange from the FY10 Labor-HHS Appropriations Bill. The decision marks an important turning point in the government's position on federal funding for needle exchange, which studies show reduces HIV transmission while also connecting drug users to community-based services for substance abuse and infectious disease prevention, care and treatment.

“Today was an historic day in the fight against HIV/AIDS,” said Mark Cloutier, the CEO of the San Francisco AIDS Foundation. “For over two decades, the ban on federal funding for needle exchange has limited our country's ability to effectively fight HIV among populations most vulnerable to infection. By removing this ban, we move one step closer to embracing science-based public health, which is the most promising way to change the course of the epidemic.

In the United States, an estimated 8,000 people are infected with HIV and 12,000 are infected with viral hepatitis via injection drug use each year. Despite the ban on federal funding, San Francisco AIDS Foundation has operated one of the nation's largest needle exchange programs since 1993, exchanging more than 2.3 million needles a year. The program, supported locally through public and private funds, operates 11 needle exchange sites a week. In addition to safer injection supplies, it offers community-based services such as HIV testing, drug treatment referrals and medical care.

“Since the introduction of needle exchange in San Francisco, we've seen rates of HIV infection among drug users drop sharply – and stay there,” said Cloutier. “Thanks to Chairman Obey, Speaker Pelosi and the bipartisan support of Senators and Representatives throughout Congress, the federal government has taken an enormous step forward towards evidence-based HIV/AIDS interventions that work.”

The bill is expected to be signed by President Obama and enacted into law before December 18, 2009.

sible for San Francisco and other dense urban areas to locate exchanges in key neighborhoods. As members of the House and Senate confer on an appropriations bill, the Foundation and others are continuing to advocate for federal support of syringe exchange—scientifically proven as one of the most cost-effective methods for preventing HIV.

### Science and Public Policy at the San Francisco AIDS Foundation

• Judy Auerbach and Ernest Hopkins are participating in a series of expert consultations in November and December to inform the development and implementation of the National HIV/AIDS Strategy. These consultations are being organized by the Coordinating Group of the Campaign for a National AIDS Strategy—of which Judy is a member—and are complementary to the regional town hall meetings sponsored by the White House Office of National AIDS Policy. The consultations are focusing on HIV prevention, care and treatment, health

disparities, and research. The experts will identify key priorities in each area that will help meet the goals of the National HIV/AIDS Strategy and deliver them to the White House in early 2010.

• On Nov. 13, the Foundation hosted the first meeting of the Policy Research Advisory Committee (PRAC), established to advise HIV/AIDS Policy Research Centers at UCSF and UCLA. This effort is part of a grant from the California HIV/AIDS Research Program in which we are collaborating with UCSF and Project Inform. The goal is to identify policy changes that require rapid analysis and response, such as the impact of state budget cuts on HIV prevention and care programs. The PRAC is comprised of about 15 HIV/AIDS policy experts from throughout California. Judy Auerbach is its co-chair, Ernest Hopkins and Courtney Mulhern-Pearson serve as ex officio members, and Jenn Heflin provides administrative support.



Since 1988, World AIDS Day has provided an opportunity to gather in memory of people we have lost to the virus and steel ourselves for the commitments still to come. Because December 1 brings increased attention to AIDS, communities around the world try to optimize the occasion, delivering messages about their work to a range of audiences. UNAIDS selects World AIDS Day to release its bi-annual report on the global epidemic. Local organizations use World AIDS Day to teach people about HIV prevention, encourage HIV testing, and draw media attention to their programs. In countries whose leaders still fail to acknowledge HIV as a threat, World AIDS Day often means

## World AIDS Day 2009



demonstrations, protests and civil disobedience designed to override political apathy. San Francisco's historic connection to the epidemic has special meaning on World AIDS Day. This year, the San Francisco AIDS Foundation highlighted the city's role at the vanguard of prevention, care and treatment, and reached via a community action. Volunteers, staff and Board members during the morning commute took part in a campaign that tracks the progress we have made bringing down the number of new HIV infections, but reminding us of the critical work that remains. If you would like to be a part of next year's event please be in touch with Emily Mariko-Sanders at 415-487-8081 or [emariko@sfaf.org](mailto:emariko@sfaf.org).



If you are a Twitter user, you can help raise awareness of the Foundation by voting for us at [www.twitcause.com](http://www.twitcause.com). Just click on "nominate a cause" and search for us under "recent nominations" by typing SFAIDSFound in the browser bar. When you see the Foundation logo, click "vote" underneath and a Twitter sign-in page will ask you for your username and password. When you're done, encourage others in your networks to vote for the Foundation on Twitcause. **Thank you!**



>1 (Greater Than One) is the endurance program produced by and benefiting the San Francisco AIDS Foundation. Participants in the >1 events unite with coaches, volunteers, staff and donors to conquer an endurance event while helping the San Francisco AIDS Foundation prevent new HIV infections. No matter what your experience level, >1 will get you moving and achieve your personal goal!

Registration is currently open for our 2010 season including the following events:

- >1 Wildflower Triathlon Training Program
- Seismic Challenge 3.0 (2-Day, 200-Mile Cycling Event)
- >1 Run Club – weekly group runs



The Magnet storefront in the heart of the Castro continues to serve the sexual health needs of gay men while also offering a full line-up of community events and allied health services available to the entire community. Here's only a few of the activities that have kept Magnet busy and vibrant in addition to providing approximately 9,000 customer visits per year for the sexual health needs of gay men:

**Expanding Hours:** Since Magnet opened it has constantly had more requests for appointments than our four room clinic could supply. Fortunately, Magnet has begun preparations to expand our hours of service to our customers. Starting in the spring of 2010 Magnet will increase its clinic hours by 33%. This would be IMPOSSIBLE without the help of ongoing and new volunteers.

## Here is the upcoming Magnet storefront schedule:

Tuesdays & Saturdays: 11:00am-6:00pm  
 Wednesdays, Thursdays, & Fridays:  
 11:00am – 9:00pm  
 Sundays & Mondays: Closed

Call us at 415.581.1600 or check out our website [www.magnetsf.org](http://www.magnetsf.org) to find out when the new hours go into effect.

**Castro Street Fair:** One day a year Magnet puts the test kits away and engages with the community via fun customer interactive activities. Past years have included the infamous Butt Prints, Magnet's "Connect" helium balloons, Paint your favorite body part, and the Polaroid Penis Pics. This past Castro Street Fair event volunteers helped to offer Personalized Street Fair Postcards for customers with a couple different backdrops. It was a busy day for all the volunteers helping to create personalized postcards and the customers really appreciated their free personalized Castro Street Fair souvenir. (Special thanks to Ben Bellayuto, not a regular Magnet volunteer, who created the postcard backdrops for the event.)



Dean and Matt in Castro Street Fair postcard.



Amit in Magnet Volunteer T-shirt.

**A Note from a Customer:** Magnet and SFAF Volunteers are an incredibly dedicated group of people. Volunteering to potentially be the first person to tell a customer that they are HIV Positive or helping customers learn how to reduce their risk of being re-infected with Chlamydia while using a non-judgmental, non-shameful style is just a typical day for the volunteers. To end the Magnet Update We're sharing a postcard from a customer sent to one of the volunteers. The customer was HIV Negative, but his partner was HIV Positive.

"I wanted to say a BIG "Thank You!" for meeting with me the other day at Magnet. You provided a thorough and easy to understand education on HIV/STD business. It really helped me move beyond my previous fears, assumptions and misconceptions. I feel more able to engage in my life and explore the love I feel for my boyfriend. Thanks for the work you and all the great people at Magnet do! We appreciate it!!"

**Who volunteers at Magnet?** Doctors, Nurses, Massage Therapists, Hypnotherapists, Phlebotomists, and men and women without clinical experience, but committed to Magnet's vision, "To promote the physical, mental and social well-being of gay men" in our community.

**How can you become a volunteer at Magnet?** The first step is to attend one of our monthly Volunteer Orientations and find out more about Magnet, including what opportunities exist for volunteers and the time commitment for the various volunteer positions. There are opportunities for almost everyone! Our upcoming sessions will be held at Magnet on:

- Saturday, March 13th from 10-11am
- Tuesday, April 13th from 6-7pm
- Saturday, May 8th 10-11am
- Tuesday, June 8th from 6-7pm

If you are considering volunteering at Magnet, contact me and confirm for one of the Volunteer Orientations, visit our storefront at 4122 18th street, check out our website at [www.magnetsf.org](http://www.magnetsf.org), add us on Facebook (Magnet SF), or contact me directly with questions.

**Happy Volunteering!**  
 Steve Charfauros  
 415.581.1608  
[stevec@magnetsf.org](mailto:stevec@magnetsf.org)

**"Self-esteem comes from doing esteemable acts."**

— Francine Ward



# FOLSOM STREET FAIR OUTREACH

By Allison Guyton and Angelo Pagano



Angelo Pagano



The SFAF Folsom Street Fair 2009 event team.



Allison Guyton

We've been volunteer counselors together for quite some time now on the California HIV/AIDS Hotline that the Foundation operates. The calls can get pretty outrageous. So nothing much in the realm of sexual interests and activities is able to shock us anymore. Working the Folsom Street Fair, then, comes naturally to the two of us.

Oooops! Let's back up . . . For those of you not in the know, the Folsom Street Fair is the world's largest leather fair, attracting around 400,000 visitors every year. Folsom and the surrounding streets fill to the tipping point with leather-clad daddies, folks in rubber dog and pig masks, or wearing nothing at all, corsets wrapped tight around torsos, intricately pierced body parts, and hunky "stars" of films that will likely never get an Oscar nomination. There are mixed drinks served in fish bowls, loud music and dancing, nude Twister and live flogging sessions. Titillating? You bet!

So what is the San Francisco AIDS Foundation doing there? If you are able to look past the veneer of leather and chains, it becomes obvious that the fair attracts a mix of communities, some of which still maintain frighteningly high rates of HIV infections. Folsom Street becomes an excellent location for outreach efforts to achieve one of the Foundation's primary goals of HIV prevention. Some are not, but many fair-goers are receptive to harm-reduction practices and consciousness-raising without preaching.

With S-E-X on the top of most agendas for the day, SFAF volunteers offer people the info and actual protection from HIV that they might otherwise overlook. We pass out condoms (more than 12,000 this past year, all free of course), literature, and "Who's Your Daddy" paddles with the phone number for the Hotline on the back. In fact, for the price of a small donation, we even demonstrate how the paddles work. Nothing serious, mind you; the fair has plenty of booths for the REAL action if you're into that sort of thing. Keeping fair-goers mindful of safe sex practices in this kind of environment isn't easy.

Yet, at the end of the day when all is said and done -- and we have said and done a lot -- it's gratifying to meet folks already familiar with SFAF's work as a result of past outreach, and even more gratifying to know new people have been impacted by the Foundation's efforts. If each volunteer's participation that day makes it possible for one man or woman to avoid an infection, our time at the fair will have been well spent. That's why we're there each year. And you thought it was just to see hot naked bodies? Ah, come on!



Don Dean



Mark Diaz



Stephanie Arteage

## Betty Peters has been a vibrant part of the California AIDS Hotline team as a volunteer for many years now.

When asked to give a little insight into her time here and her life she acquiesced.

*Thanks Betty for sharing your life figuratively and literally with us!*



At the beginning of 2001 my husband and I had both retired and were planning to volunteer overseas. He had a ready- built entree as a doctor and I as a travel agent didn't have a marketable skill to use in third world countries where many things were needed but not travel. After looking around on different websites and talking to many I was directed to SFAF as a possibility to get training in HIV education. Our training was specifically for answering the HOTLINE and before I knew it I was placed on the telephones. That was many years ago. In the interim we spent times in Africa, the Caribbean, Myanmar, Vanuatu working with groups and using that which I learned at SFAF.

Sadly my husband developed a cancer that took his life in 6 months and all plans for future volunteering overseas were put on hold. I have since been to Honduras with IHS working with a team. So my life in retirement is far from boring as I also spend a significant amount of time volunteering at the Berkeley Emergency Food and Housing where I serve food and prepare bag lunches for the homeless and less fortunate. My co-workers and other volunteers are a phenomenal group of people and keep my life filled with their stories and experiences.

Recently I returned from a fabulous trip to Laos and Northern Thailand where I swam with the elephants while grooming them - quite an experience - but unfortunately I believe it is where I picked up viral meningitis either from the water or some other source, no one is very clear about it. The long shot of this debilitating affliction is that I was to be on a medical project right now in a very remote part of Honduras - Miskitia - and I backed out because I was worried that I might find myself, should I have some related health problem, miles and miles from any medical center and no way to get to a place other than by truck along rugged roads (tracks). So there are incredible plus' and some minus' in this exciting world that I am exploring. Hopefully I'll have a chance to return to Africa where my heart lies AND where my son was born 43 years ago when we were Peace Corps staff. Keeping on top of all the HIV developments on the hotline is extremely useful for those who have a desire to work in countries where HIV is so devastating.



## **October 09**

### ***Chip Supanich***

Chip Supanich has been volunteering with HPP since 2006 and working as a Per diem for the last two years. Chip received Volunteer of the Month because of his outstanding dedication and love for needle exchange. On average, Chip is at the exchange at least 2-3 times per week if not more, either supervising the site or volunteering. HPP can always depend on Chip to show up to the exchange on time, with tons of enthusiasm. He is someone that the staff, volunteers, and clients can learn from and trust. We are so lucky to have Chip at needle exchange, and by giving him this award he will hopefully see how much we truly appreciate him.



## **November 09**

### ***Judy On***

Judy came to work with the San Francisco AIDS Foundation through an unemployment program but stayed because she became dedicated to the cause. Starting in October 2005, Judy has shown incredible consistency and compassion. Judy is not just fun to work with she is thoughtful and brings a creative eye to most everything she does here. Under her direction, the Volunteer Newsletter has become more professional and much better looking. We very much appreciate your time here Judy!



## **December 09**

### ***Allison Guyton***

Allison has been doing an outstanding job at the California AIDS, STD and Hepatitis Hotline for two years. She first took the training in January, 2008. Since then, she has shown above average knowledge, compassion and ability and has always been one of our most reliable volunteers. She is also a pleasure to work with because of her unwavering positive attitude and sunny disposition. Congratulations, Allison, on being named Volunteer of the Month for December.



## **January 2010**

### ***Casey Budesilich***

Casey Budesilich has been a familiar face around Magnet since starting as our first volunteer, one month after we opened in 2003. It started as a Community Organizing class assignment while studying for his Master's in Urban Planning at UC Berkeley (he got an "A" from his Magnet preceptor), and to Magnet's great fortune has continued ever since. Casey has provided invaluable service over the years, including assisting in the development and management of Magnet's volunteer department, program development, grant writing, customer registration, and working with Magnet's Community Advisory Board and management staff on strategic planning. Utilizing his sense of humor and eye for design, he has been behind some of Magnet's best promotional campaigns and advertisements, creating images and messages that resonate with the gay men's community in San Francisco. Casey has also been at every street fair and Pride celebration at which Magnet has had a presence, working to raise awareness of Magnet's programs and services in ways he probably never thought possible in a public health organization. All the more impressive given his own professional commitments as the Deputy Director of World Savvy, a San Francisco based organization that educates and engages youth in community and world affairs. The Magnet staff is grateful to Casey for his commitment over the years, and hopes to have him around for the next seven years, at least!

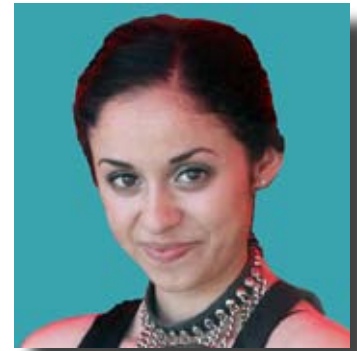




## February 2010

**Stephanie Arteaga**

Stephanie became interested in the California AIDS Hotline after hearing about it at the Folsom Street Fair several years ago. Soon after she decided to become an HIV educator and was soon a consistent member of the Hotline team while attending school full-time. Stephanie has not only brought her bi-lingual skills to the Hotline but also to several outreaches and events. Her quiet style was completely undermined by her outfit at Folsom last year(!) but her professionalism and understanding of harm-reduction with all clients makes her invaluable in every situation. Thanks so much Stephanie!



**Volunteers of the Month are extraordinary** in that they are exemplary amongst a group of amazing individuals. They have in the past been suggested by staff of the various departments but we would love to hear from you. If you know someone you would like to nominate please contact Diego at [dsans@sfaf.org](mailto:dsans@sfaf.org) with their names, where they volunteer and a paragraph as to why you find this individual to be such a special volunteer. The Volunteers of the Month are recognized here in the Volunteer Newsletter on the San Francisco AIDS Foundation website with the photo and a paragraph or two. Their names are engraved and placed on a plaque at the Foundation, and they are given an engraved award to remember the recognition. Thanks so much to all of you for your compassion and hard work!

“ *I had fun volunteering. The important work that... the foundation (does) to wipe out HIV and AIDS needs to continue. There is absolutely no question in my mind that the foundation is focused and concerned about human life. The team spirit, excitement and camaraderie at yesterday's event was equally very encouraging and uplifting.* ”

*Ken Sears,  
ALC Kick-Off Party Volunteer*



## March

**The AIDS/LifeCycle Expo and Roadie Training**  
**Saturday March 27th, 2010**  
**Old Mason Rd. in the Presidio, San Francisco**

This event gathers the cyclists and Roadies (volunteers on AIDS/LifeCycle) together to get them ready for the ride. It begins with a training ride, and encompasses vendor fair where participants (and volunteers!) can pick up all sorts of great items, Roadie Training, and a host of workshops to prepare the participants for the ride! As volunteers we will be doing everything to make this process understandable, smooth and more fun!!! **7:45-9am (3 volunteers), 8am-12pm (10), 9am-1pm (14), 10am-2pm (2), 11am -4pm (4), 12-5pm (17), 1-5pm (2), 2:30-6pm (10)**. For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org).



*Karl Christiansen rides the Seismic Challenge.*

## April

**The Day On The Ride**  
**Saturday April 24th, 2010**  
**Sportsbasement, Presidio, San Francisco**

This event replicates the look and feel of an actual day on the ride so we set up bike parking, snacks, check-in, safety, etc. The riders arrive early and then we send them on their way. They ride out on a ~40 or 80 mile ride and then instead of moving down the state they loop back to us at "camp" in the Presidio. **5-8:45AM (29 volunteers needed, and believe it or not this time is the MOST energetic and fun), 12:30-3:30 (4) and 3-7pm (10)! PERFECT for groups!** Please contact Emily Mariko-Sanders at [emariko@sfaf.org](mailto:emariko@sfaf.org) or 487-8081.

## May

**AIDS/LifeCycle Registration Packet Assembly**  
**Mon-Fri May 22-28th, 2010**  
**San Francisco AIDS Foundation**  
**995 Market Street @ 6th, San Francisco**

Volunteers will be helping to assemble approximately 3,500 check-in packets for Orientation Day. Tasks include labeling envelopes, stuffing with numerically ordered bike frame numbers, helmet stickers and wristbands, inserting additional wristbands and coupons based on pre-set criteria, and sorting completed envelopes alphabetically by last name. This project requires meticulous attention to detail! If you have group we can adjust timing to work with you. **10am-2pm (15 volunteers), 1-5 pm (15) and/or 5-9**

**pm (15)** Please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

**AIDS/LifeCycle Binder Assembly**  
**Saturday, May 29th, 2010**  
**San Francisco AIDS Foundation**  
**995 Market Street @ 6th, San Francisco**

We will be putting together the binders of directions, maps etc. for the AIDS/Lifecycle staff and Roadies. Perhaps your company or social club is interested in an evening group activity for charity! **10 am -4 pm (10 Volunteers)** Please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org).

We will be sorting and organizing the supplies for the event and then loading up the vehicles. The second shift will be setting up Bike Parking. Please be aware that there will be

lifting of 20-50 pounds for both shifts. There will be snacks and beverages and lunch for the early shift. **10-2pm (10 volunteers) and/or (this shift will receive lunch) 1-5pm (15)**. For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

## June

**Pre- UPLOAD for AIDS/LifeCycle Cow Palace, San Francisco**  
**Wednesday, June 2nd, 2010**

Volunteers will help 'id' the vehicles that will accompany the ride down to LA. **9am-1pm (3-4 volunteers) and/or 1pm-5pm (3-4)** Please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)



**UPLOAD for  
AIDS/LifeCycle  
Thursday, June 3rd, 2010  
Cow Palace, San Francisco**

We will be sorting and organizing the supplies for the event and then loading up the vehicles. Please be aware that there will be lifting of 20-50 pounds. There will be snacks and beverages and lunch for the early shift. **10-2pm and/or (this shift will receive lunch) 1-5pm.** For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

**AIDS/LifeCycle Orientation  
Set Up Day  
Friday June 4th, 2010  
Cow Palace, San Francisco**

We will prep the Cow Palace for Orientation Day when the AIDS/LifeCycle riders from far and wide will all come together for the first time! We will set up Bike Parking, Check-In, Information/Hospitality, Medical, Safety Video Theater, Tent Assignment, Traffic Control, Volunteer Check-In, Pledge Office and Merchandise areas. **10-3:00pm (10 volunteers) and/or 2:30-7:30 pm (22 volunteers)** For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

**Orientation Day  
Saturday June 5th, 2010  
Cow Palace, San Francisco**

This is the day that all of the registered Riders and Roadies come from all

over the world to participate in AIDS/LifeCycle. They will Check-In, turn in any additional monies/their medical forms, they will receive the last of their safety information, they will get their tent assignments, the rider's bikes will be parked for the ride out the next day and the roadies will gain their last training. Volunteers will make sure that all of this goes off without a hitch and the later shift will prep the areas for Opening Ceremonies! **8 am - 1:30 pm, 12:30 - 6pm and/or 4-8 pm.** For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

**Opening Ceremonies  
Sunday June 6th, 2010  
Cow Palace, San Francisco**

Opening Ceremonies are the grand send-off of the riders and Roadies and represent the first day of AIDS/LifeCycle's 7 day ride down to Los Angeles. The riders are warmed up, stretched out and then the ceremonies begin with speakers representing the beneficiaries and the sponsors of the ride. The end of the ceremonies is the sending out of the riders on their grand 585 mile journey to end the AIDS pandemic! Duties will include arena crowd direction, helping participants with their bikes (non-technical), helping arrivals with drop-offs and parking, check-in volunteers and breakfast prep/service. **4-8:30, 4:30-9:00, 6-10 am (another early one but REALLY fun and extremely inspiring!)** For more information, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

**AIDS/LifeCycle  
Sunday June 6th-Saturday June  
12th, 2010  
Begins in San Francisco and ends  
in Los Angeles**

AIDS/LifeCycle is a bicycle ride which begins in San Francisco and ends in Los Angeles over 580 miles. This extraordinary ride has been raising

money and awareness for over 10 years. It is the only AIDS fundraising bicycle event in California. For more information on volunteering (being a 'Roadie') or cycling please see <http://www.aidslifecycle.org/>.

**July  
AIDS Walk San Francisco  
Sunday, July 18th, 2010  
Golden Gate Park, San Francisco**

Join SFAF Team and walk in California's most popular, AIDS Fundraiser, with over 35,000 walkers, AIDS fundraiser. The ten kilometer (6.2 miles) AIDS Walk begins and ends in Sharon Meadow in Golden Gate Park. You can join Team SFAF and raise urgently needed funds and send the message that the AIDS crisis is not over - change the course of the epidemic. You will get a continental breakfast, snacks, beverages, and if you raise \$25 or more a t-shirt and a delicious Italian lunch! For more information, click here: <http://www.sfaf.org/teamsfaf/info.html>.

If you don't wish to walk but would like to help us out, we would love to have you volunteer at the SFAF tent! Please join us 10am-4pm (Outreach), 11am-5:00 pm (Hotline Promotion) and 3:00-7:00pm (Closing/Breakdown) For more information about the team or volunteering at the SFAF tent, please contact Emily Mariko-Sanders at 487-8081 or via e-mail at [emariko@sfaf.org](mailto:emariko@sfaf.org)

